

Newark Rotary Committees 2008 -2009

President	Michele Layman	Home 740-454-2356	Office 740-344-0311
President-Elect	Nelson McCray	Home 740-323-1130	Office 740-349-6084
Secretary	Ray Kress	Home 740-366-3645	
Treasurer	Ray Barber	Home 614-834-0657	Office 740-366-4444
Immediate Past President	Tom Slater	Home 740-366-6143	
Club Service I Director	Nelson McCray	Home 740-323-1130	Office 740-349-6084
Fellowship/Logistics	Eric Ricketts	Home 740-344-8709	
	Buzz Price	Home 740-344-7037	Office 740-467-7663
Social Activities	J. P. Stephens	Home 740-366-9691	Office 740-349-0223
	Jane Simmons	Home 740-366-7420	Office 740-788-1339
Club Programs	Jack Neely	Home 740-344-1219	Office 740-366-5050
Chaplain	Dick Reed	Home 740-344-6270	Office 740-344-6106
Music	Bill Baker	Home 740-349-9344	
Audio Visual	Gary Baker	Home 740-344-2044	Office 740-344-4850
Sergeant-at-Arms	Pat Jeffries	Home 740-344-3980	
Rotogram	Mike Shearer	Home 740-366-5316	Office 740-328-8820
Public Relations	Jennifer Utrevis	Home 740-788-9556	Office 740-349-9646
Club Service II Director	Jeff Lawyer	Home 740-366-5557	Office 740-587-0796
Classification	John Weaver	Home 740-522-5016	
Membership Development	Tom Slater	Home 740-366-6143	
	Cindy Steen	Home 740-344-8322	Office 740-522-7413
Rotary Information	Phil Shannon	Home 740-366-3632	Office 740-345-6611
Historian	Glen Abel	Home 740-366-6108	
Club Attendance	Tracie Hill	Home 740-587-0755	Office 740-345-9777
Fundraising/Auction	Amy Callander	Home 740-522-4839	Cell 740-814-2692
	Erin Kennedy	Home 740-344-5709	Office 740-344-0357
Fundraising	Earl Hawkins	Home 740-587-3665	
Mentorship	Jeff James	Home 740-587-4447	Office 740-587-2746
District/International Service Dir.	Gary Baker	Home 740-344-2044	Office 740-344-4850
Newark Rotary Foundation President	Glen Abel	Home 740-366-6108	
RI Foundation	Mike Massaro	Home 740-344-4852	Office 740-345-9691
Scholarship Search	Dr Bonnie Coe	Home 740-344-6475	
Grants/World Community Service	Jack Neely	Home 740-344-1219	Office 740-366-5050
New Generations	Rick Battat	Home 740-366-2181	
GSE Committees	Tom Marcelain	Home 740-344-7895	Office 740-349-6186
	Tony Adams	Home 740-334-7792	
Community Service Director	Laura Lewis	Home 740-587-0989	Office 740-349-3750
Children with Special Needs	Gary Baker	Home 740-344-2044	Office 740-344-4850
Rotary Awards	Rob Willmann	Home 740-366-3668	Office 740-345-9714
	Jim Cooper	Home 740-344-2270	Office 740-349-0936
Community Youth			
Jr. Ethics Conference	Molly Ingold	Home 740-366-3184	Office 740-344-0311
Local	Ed Bohren	Home 740-349-5776	Office 740-345-9622
4 Way Speech			
Student Visits	Nelson McCray	Home 740-323-1130	Office 740-349-6084
Read with Me	Tom Slater	Home 740-366-6143	
Rotary Volunteers			
Vocational Service Director	Tony Adams	Home 740-334-7792	Office 740-349-8055
Camp Enterprise	Veronica Link	Home 740-587-4260	Office 740-348-4101
Vocational Awareness/Career Fair	Nelson McCray	Home 740-323-1130	Office 740-349-6084
Exit Interviews	Donna Carpenter	Home 740-763-0649	Office 740-345-8742
Data Management	Cindy Steen	Home 740-344-8322	Office 740-522-7413

DISTRICT GOVERNORS FROM NEWARK

FRANK L. BEGGS - 1927-28 DARREL JONES - 1957-58 ROBERT C. BATTAT - 1970-71
THEODORE D. GRILEY - 1976-77 DONNE E. ALSPACH - 1988-89 ROBERT H. MCGAUGHY - 2003-2004

DIRECTOR, ROTARY INTERNATIONAL - THEODORE D. GRILEY - 1990-1992

TRUSTEE, ROTARY INTERNATIONAL FOUNDATION - THEODORE D. GRILEY - 2001-2005

NEIGHBORING CLUBS FOR MAKEUP

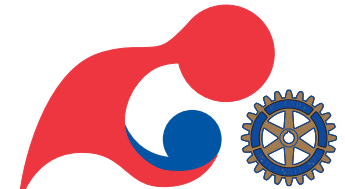
Baltimore-Starlite Lanes	Thr. 12:00	Gahanna-Jefferson Country Club	Wed. 12:00
Columbus-Hyatt Regency	Mon. 12:00	Newark/Heath-Moundbuilders Country Club	Thr. 7:10 a.m.
Granville-Granville Inn	Mon. 11:45	Hilliard-Heritage Country Club, Rome-Hilliard Rd.	Thr. 12:00
Lancaster-Eagles Event Center	Mon. 12:00	Westerville-Villa Milano	Thr. 12:00
Upper Arlington-The River Club Rest.	Tues. 12:00	Whitehall/Bexley-Berwick Pkty House, 3250 Refugee Rd	Fri. 12:00
Mt. Vernon-Alcove Restaurant	Tues. 12:00	Zanesville-Bryan Place	Tues. 12:00
Lancaster Sherman-Elks Lodge #571	Wed. 7:00 a.m.	Zanesville Daybreak Club-	
Reynoldsburg-Pickerington-		Zanesville Country Club	Thr. 7:15 a.m.
Wesley Ridge Retirement Center	Tues. 12:00	Pataskala-The First Pataskala Presbyterian Church	Thr. 7:30 a.m.
Cambridge-Cambridge Country Club	Wed. 12:00	New Albany-New Albany Country Club	Wed. 7:30 a.m.

ROTOGRAM

Newark Rotary Club

www.NewarkOhioRotary.org

User: newarkrotary Password: smile



Make Dreams Real

Week of Tuesday, Feb. 24, 2009

Today's Meeting: Noon at Place Off The Square.

Today's program is Rotary Fireside Chats (or roundtables) for small-group discussions about the future of the club.

Next Meeting: Tuesday, March 3, at the Place Off The Square.

Keep the club informed: Rotarians can e-mail club news or calendar items to mshearer@alltel.net by Sunday evening each week.

Upcoming Programs

March 3: Jack Park, OSU football author

March 10: Joint Meeting - Archie Griffin @ Cherry Valley Lodge

March 17: Jerry Weaver – Darfur

March 24: Cleveland Indians

March 31: Lenten Service @ St. Paul's Lutheran

April 7: D.K. Lee, President of Rotary International

Club Calendar
June 9-11: Camp Enterprise

News and notes

Special instructions for March 10 meeting:

If you would like to attend the Archie Griffin event taking place at Cherry Valley Lodge on March 10, you need to sign up in advance or else you won't be allowed in to the luncheon. There is no expense if you register through the club.

Board meeting changes: The March board meeting will be held at Bob Evans on Cherry Valley Road at 7:30 a.m. on the second Thursday (March 12th). The board hopes to increase attendance by changing the meeting time.

GSE coming from Argentina: If you are interested in hosting members of a Rotary GSE team from Argentina this May contact Rotarian Tony Adams.

Save the date for Camp Enterprise: Tom Cummiskey recently announced that Camp Enterprise will be held June 9-11th. As in the past, he is asking for cash donations and for promotional items for the student's "goodie bag" ... except for water bottles which they have more than enough of left over from past years. Also, be thinking about volunteering. Contact Tom or co-chair, **Veronica Link**.

Read With Me needs mentors: Jennifer Utreis asked for volunteers, Rotarians and/or their spouses, to participate in the "Read With Me" program. Mentors are needed at Ben Franklin, Johnny Clem, Hillview, Carson and McGuffey. When our club first got started with the read with me program we had 17 volunteers. There are 5 helping right now. We have 21 kids with no adult male role model in the home. Please consider helping with this very worthwhile project.

Secretary help needed: Anyone interested in helping out in that role to please contact President Michelle while Ray Kress is

recovering.

Send your news to mshearer@alltel.net by Sunday evening each week.

Meeting summary

By Cheri Hottinger

President Michelle Layman opened the meeting at 12:10 p.m. and song leader, **Tom Slater**, led us in our R-O-T-A-R-Y song.

Layman gave the welcome and introduced **Gary Krinn**, who gave the invocation and pledge.

Tom Slater then led everyone in singing *When You're Smiling*. I think it worth reading the lyrics again:

When you're smiling, When you're smiling, the whole world smiles with you.

When you're laughing, When you're laughing, the sun comes shining through.

But when you're crying, you bring on the rain, so stop your sighing, be happy again.

So keep on smiling, cause when you're smiling, the whole world smiles with you.

Jeff Lawyer introduced guests: **Bob Sisk** from St. Charles, IL. Mr. Sisk gave a flag to **President Layman** from his club. **Ali Ernest and Fred Ernest**, guests of **Tom Cummiskey**; **Craig Wollenburg**, guest of **Veronica Link**; **Kathy Williams**, guest of **Veronica Link and Lou Mitchell**, guest of **Ed Boren**.

Cara Riddel introduced the student guests from Northridge High School: **Mathew Hankinson** and **Lacey Hall**. They both said

some words and noted that our club has the best cookies ever!

Tom Cummiskey, chairman of Camp Enterprise, introduced the essay contest winner from 2008 Camp Enterprise, Ali Ernest. She was awarded \$1,000 from the Newark Rotary Club.

Sgt.-at-Arms Jeffries fined many Rotarians today: **Gary Krinn**; **Veronica Link**; **John Spahr**; **Dan DeLawder**; **Dave Shull**; **T.D. Griley** and many others who are serving on Leadership Boards.

Today's Program: Rob Montagnese introduced **Eric Pacht, M.D.**, Medical Director of the Intensive Care Unit of Licking Memorial Hospital. (Bio was in last week's Rotogram)

Dr. Pacht's presentation was on sleep disorders. He educated everyone on the different stages of sleep and how much we should be sleeping each night to keep our bodies healthy – 7.5 to 8 hours for most adults. 40% of people sleep less than 6.5 hours a night.

He also talked about DWS (Driving While Sleepy) vs. DWI (Driving While Intoxicated). He said that if a person gets 2 hours less sleep every day for a week, he or she will have the same reactions as someone who is intoxicated. Peak accident times for DWS are 6:00 a.m. and 4:00 p.m.

Dr. Pacht also informed everyone on what Insomnia is, what causes it and how they treat it. It can be short-term or chronic. Common causes are caffeine, alcohol, jet lag or shift work. He also discussed the issue of snoring. He said when spouses come in to see him, many times the one who is snoring will deny it. He always believes the other spouse.

Phil Shannon won the drawing.